

# Return of Spontaneous Circulation (ROSC) Emergency Medical Services



KPI Owner: Ben Neal

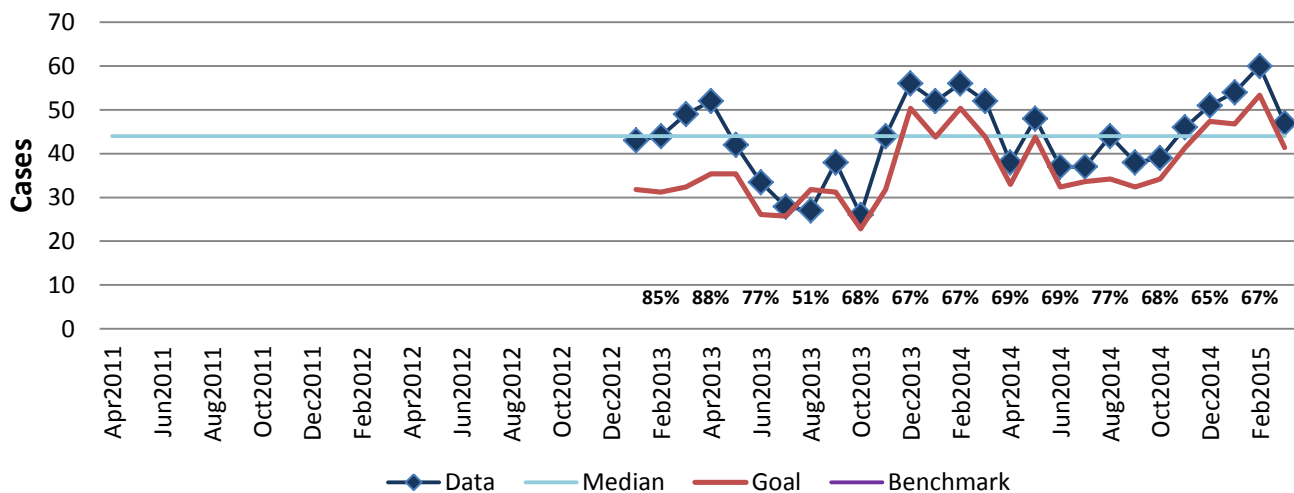
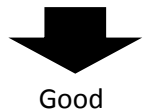
Process: Patient Care

| Baseline, Goal, & Benchmark  | Source Summary  | Continuous Improvement Summary  |
|--|---|---|
| <p>Baseline: ROSC achieved in 25% of cases (Jan. 2013 - Dec. 2013)</p> <p>Goal: Achieve ROSC in at least 40% of cases.</p> <p>Benchmark: TBD</p> | <p>Data Source: RescueNet/CodeStat</p> <p>Goal Source: LMEMS</p> <p>Benchmark Source: TBD</p> | <p>Plan-Do-Check-Act Step 3: Determine and quantify root causes</p> <p>Measurement Method: Review crew documentation and review CPR analytics to determine if ROSC was reported.</p> <p>Why Measure: Measures the effectiveness of cardiac arrest management.</p> <p>Next Improvement Step: Create pareto to identify root causes of defects.</p> |

## How Are We Doing?

| Apr2014-Mar2015<br>12 Month Goal | Apr2014-Mar2015<br>12 Month Actual |  | Mar2015 Goal | Mar2015 Actual |  |
|----------------------------------|------------------------------------|--|--------------|----------------|--|
| <b>474</b>                       | <b>539</b>                         |  | <b>41</b>    | <b>47</b>      |  |
| Cases                            | Cases                              |  | Cases        | Cases          |  |

## Return of Spontaneous Circulation (ROSC)



## Identified Factors Impacting ROSC

### Controllable (EMS)

Chest Compression Fraction (Time on chest & optimization of pauses)  
Chest Compression Rate  
Appropriate and timely defibrillatory shocks

### Uncontrollable Factors

Age/Comorbidities  
Cause of arrest (reversible?)  
Bystander CPR  
Witnessed/recognized (Time from collapse to call 911)  
Location/response time (Time from 911 call to initiation of resuscitation)  
First responder response